

COACHING TS & CS

Law of Attraction Life Coaching, Manifestation Mentoring, Emotional Freedom Technique (EFT), Hacking Reality & Hypnosis are tools to help you reach your fullest potential, actualise your goals and create a life of positivity. The process will address the specific areas of your life that you would like to move forward through manifestation work and practical action.

Many people create change for themselves in a short time. However, to refine and sustain change takes several months beyond the Coaching timescale agreed. Further sessions can be quoted for on completion of working with Esther.

TERMS OF COACHING

COACH COMMITMENT

- I agree to serve as your Coach, to support you in defining a realistic plan of action for achieving your goals.
- As your Coach, I cannot guarantee results. You will create powerful results by having the courage and determination to move forward, taking action in your life where appropriate.
- During the time we spend together in our coaching sessions, I will devote my time, thoughts, and energy to you, exclusively.
- As your Coach, I will bring attentive listening, understanding, belief in you and commitment to your success. You can expect me to challenge you, offer fresh perspectives, make requests (including assigning homework/goals), and to acknowledge your wins.

COACHEE (CLIENT) COMMITMENT

- I am motivated and committed to taking action, (spiritual & physical), toward my personal and professional goals. I realise that anything less than my intentional full participation will not lead to my success.

•I understand that all comments and ideas offered by Esther are solely for the purpose of aiding me in achieving the defined goals I create within the coaching process. I have the ability to give my informed consent, and hereby give such consent to my coach to assist me in achieving such goals and understand that results are not guaranteed.

•I am under the care of a physician and healthy enough to engage in coaching. I am fully responsible for my well-being during coaching sessions and subsequently, including my choices, actions and decisions. I have sole responsibility for making important decisions in my life. Esther has no liability for any loss incurred from my own decisions.

Coaching, EFT, Hacking Reality or Hypnosis is not a substitute for counselling, psychotherapy, psychoanalysis, professional mental health care or substance abuse treatment. It should not be used in place of any form of therapy or medical care and it is not intended to diagnose, treat or cure any mental health or medical conditions. Esther will only provide services in which she has been trained, and if she cannot help, will refer the client to a licensed healthcare provider who can assist. For legal purposes, the client understands that coaching is currently an unregulated industry and that Esther is not “licensed “ by any UK body.

By signing this document you agree to now and forever release Esther McCann from any & all claims that may or could arise from the services provided. These claims could include but are not limited to claims for, or aggravation of any personal injury, accident, physical, emotional or mental conditions arising since working with Esther.

FORMAT OF SESSIONS

Coaching in person/online

- The client is responsible for ensuring they are available to meet Esther at agreed times, online or in person. Esther is responsible for adhering to the times agreed between herself and the client.
- The length and frequency of each session is as agreed between Esther and the client before coaching sessions commence. This may be altered and adjusted throughout the coaching journey by mutual agreement, in accordance with these terms.

- The date and time of the first session and any subsequent session will be agreed between Esther and the client by phone or email and confirmed by Esther by email if practical.
- The date that the first coaching session takes place shall be deemed to be the start date for the service. Where any client is unsure of the terms and conditions they can contact Esther to discuss any concerns and see if they can be resolved before the first coaching session. Participation by any individual in the first coaching session/retreat constitutes acceptance of these terms and conditions.

SESSION FEES

- In accordance with Esther's current per session fee or fee for a programme of sessions, or any other such fee as shall be agreed and notified to the client.
- Esther will confirm the fees in writing, usually by email, unless this is impractical.
- The number of sessions for which payment is required in advance will be agreed before coaching sessions commence.
- In return for the fees payable by the client (or by a third party on their behalf), Esther agrees to provide the service as described and in accordance with these terms. The client agrees to pay fees for the service on the terms and conditions set out below (in situations where a third party pays the fees, the third party counts as an agent acting on behalf of the client).

PAYMENT TERMS

- Fees can be paid online via Paypal, Bank or Cash. Where receipts are requested by the client, they will be sent by e-mail unless otherwise requested.
- Fees are payable in advance of each coaching session unless otherwise agreed. Where payment has not been received by Esther in advance of a coaching session Esther is not obliged to provide the session. There are no refunds for time already utilised with Esther.

BETWEEN SESSIONS

Esther may assign the client tasks or exercises to complete between coaching sessions. There is no obligation on the client to complete these items of 'homework', but not doing so

may slow the client's progress in gaining improved quality of life or achieving desired coaching outcomes.

The client may contact Esther by e-mail / Whatsapp between sessions to seek clarification regarding anything arising from a coaching session, for support, for celebration, or for administrative purposes (e.g. where a client needs to rearrange a coaching session or make a payment). Additional coaching calls can also be provided between sessions but there will be an additional charge for this. Esther will always advise a client in advance if the nature of a client's contact is likely to incur an additional charge and no such charges will be imposed without the client's agreement.

REARRANGING SESSIONS

If a client needs to rearrange a coaching session, they should provide at least 24 hours notice. No refunds will be given to clients for unused coaching sessions unless 24 hours notice has been given. In exceptional circumstances Esther may need to rearrange a coaching session. In those instances she will also give the client 24 hours notice where practical.

Where a client pays for a session or sessions in advance they must have the coaching session(s) that they have paid for within the agreed timescale of the coaching agreement.

CONFIDENTIALITY

Personal information or business information supplied by clients in coaching sessions will be treated and protected as confidential. It will not be disclosed to a third party without the client's prior permission, save where required by law or where action might be necessary to prevent harm to the client or someone else.

The clients understands that the use of technology is not always secure and accepts the risks of confidentiality in the use of email, text, phone, and other technology.

You are free to discuss your experiences of coaching with third parties.

During events/retreats you will be listening to other people's experiences & must keep their stories confidential.

You acknowledge that Esther's privacy policy is available to read at all times on www.missmanifesther.com

EARLY TERMINATION

In exceptional circumstances, such as illness or unavailability due to bereavement or other commitments, inappropriate behaviour by the client, actual or potential conflict of interest, or other reasons, Esther can decide to terminate the service to the client early or refuse or be unable to provide further coaching sessions to the client. In such a circumstance the client will be given reasonable notice of termination by Esther where practicable, and will be refunded any advance payments made for coaching sessions not yet provided. If you wish to end the coaching agreement, please give Esther one month's notice in writing.

VARIATION OF TERMS AND CONDITIONS

Where an Initial Number of Sessions is agreed, any changes to these terms and conditions intended to take effect prior to the conclusion of those Initial Number of Sessions will only have effect if agreed by both Esther and the client and confirmed by Esther in writing by email or letter. In other cases, Esther may change any of these terms or conditions including the Per Session Fee by giving the client one month's notice in writing by letter or e-mail of the change(s). If following receipt of such notification of change, the client no longer wishes to proceed with further coaching sessions, they may withdraw from the service immediately by giving notice in writing by email or letter and they will then be entitled to a full refund of any fees paid in advance for coaching sessions not yet provided. Such notice will be effective on receipt by Esther.

FEEDBACK

Esther's objective is to have a coaching relationship that is fully open, honest, real and trusting. Feedback about the service is welcomed and can be given during a coaching session or by email to contact@esthermccann.com

Clients will be provided with a feedback questionnaire at the conclusion of the coaching relationship, and will be asked to provide a testimonial.

Please sign to state you understand and agree with this Coaching agreement & you voluntarily take part in this process :

COACH: ESTHER MCCANN		DATE:
COACHEE:		DATE: